



I am 48 years old. I work in a factory, where I have been for 17 years. The work I have done there has been very repetitive with a lot of pinching and squeezing parts together to make mirrors. Over the years production has speed up in order to meet the higher demand. My elbow was just over worked.

I had been to company doctors and a therapist over a 7 month period with no change. I thought I was going to need surgery in order to get any relief. Until... another co-worker told me about Nephew Physical Therapy, and I am very glad I came here. It has made a big difference. Now I can use my arm like I'm supposed to. I can straighten it, bend it, and lift things without dropping them.

Rhonda L.
Fennville, MI